

# “L&M FRUIT LOOP”

scenic loop through the SE Ulster county orchards in the towns of Llyod and Marlborough – to the Weed Farm pick-your- own in the hamlet of Lattintown (town of Marlborough) this hilly route affords spectacular views

**Start: Walkway OTH park east end entrance – Parker Ave. City of Poughkeepsie**

**dist: 26.8 mi.**

**terrain:**hilly – several short grades in excess of 10%



route by:

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rev 3.5 – special edition to start from the Walkway OTH park east end in the city of Poughkeepsie

## KEY:

ACR = A tlantic C oast R oute (Adventure Cycling)

CR = C ounty R oute

LTAH = L eft T urn A cross H ighway

RNCT = R oute N ame C hanges T o

SR = S tate R oute

TCL = T raffic C ontrol L ight

NYSH = N ew Y ork S tate H istorical- blue and yellow/gold cast iron signs on pole

HFH = H ills F rom H ell (grades in excess of 10%)

YGTSTB = Y ou've G ot T o S ee T o B elieve

▲ 16 = notable hill **UP** - number = max percent of grade

▼ 13 = notable hill **DOWN** - number = max percent of grade

UC = U lster C ounty

PO = P ost O ffice

## start

*follow Walkway 1.65 mi. (total) across Hudson River*

00.00 at WOTH SP sign at Parker Ave.

**1.7 L onto Haviland Rd. at west end entrance Highland - Ulster county**

**1.8 L Ransom Rd. ▼ 13**




*go under Walkway OTH*

**CAUTION! STEEP DESCENT SHARP CURVES**



**JOG L & R CONTINUING DOWNHILL ▼ 16**

**CAUTION! STOP AT BOTTOM OF HILL**

**2.2 L Oakes Rd. at T  river view**

**JOG R&L (only way to go)**



**CAUTION! VERY ACTIVE HD FREIGHT** 

2.3 RNCT River Rd.

**FOOD** *Mariner Harbor Restaurant*

 *Highland Landing Park – town of Lloyd view of river, the Walkway and the FDR MH bridge*

2.5 CROSS RR



**CAUTION! 2 TRACKS**

Begin 1 mile uphill after RR ▲ 8 max

**NYSH – Highland Landing** *scenic mountain brook and falls - Twaalfskill Creek*

3.2 BEAR LEFT ONTO VINEYARD AVE

Going under 9W

3.5 STRAIGHT AT Main St. (top of steep grade from river)

continue on Vineyard Ave. ▲ 3 still uphill at lesser grade – ACA Atlantic Coast Route

## HIGHLAND

**FOOD** El Paso Mexican cantina - pizza deli

<4.0> *Inn At Twaalfskill B&B* [www.innattwaalfskill.com](http://www.innattwaalfskill.com)


6.0 L CR 11 Orchard Rd.  ▲ 8 (overall) begin rolling ascent next 3 ½ mi. – steep grade in sections

8.4 R At T ONTO CR 10

8.5 Quick L to remain on CR 11

Follow all the way to Lattintown

<9.3> *Conklins Hill HFH* ▲ 11

 *awesome view on top of Conklins Hill*

▼ 7 for ¾ mi.

10.2 L at Y Old Indian Rd. to remain on CR11

<10.3>  *1769 Lattintown Baptist church and cemetery*

10.4 R Lattintown Rd. to remain on CR11

11.8 R Mt. Zion Rd. HFH ▲ 12 short grade

**Weed Orchard-Farm**

at 12.2 mi.



**Weed Farm Orchard P.Y.O.**



*apples, tomatoes, and veggies – donuts and cider – other food*


## RETURN

Back up and down to CR 11

12.7 R CR11

13.3 L CR14A Western Ave

13.35 QUICK LEFT onto Ridge Rd. (note name) HFH ▲ 13


 *Ride along top of ridge following the Hudson River*  
*occasional views of Taconic mountains on west side of river*

<13.8> straight at stop sign to remain on Ridge Rd.

**CAUTION BELOW TURN ON DOWNHILL**

14.8 L at Y Lyons Lane

15.4 L at T Old Indian Rd.(UPHILL) HFH ▲ 16

 *good view*

16.7 STRAIGHT at stop sign onto CR 11 Lattintown

16.9 BEAR R to remain on CR11

17.4 R Mulbery Lane – “yuppie Mc mansions” - just before going up Conklin's Hill

▲ 8

<18.1> **CROSS Willow Tree Rd.**

18.7 R at T CR 10 Milton Tpk.


19.0 L Peach Rd. HFH ▲ 15 short grade

 good view Illinois Mtn.



**CAUTION! BELOW TURN ON DOWNHILL**

20.0 L Mahoney Rd.

20.5 JOG R&L at CR 11 onto Bailey's Gap Rd. 

rolling ascent next 1 mile ▲ 9 (average)

21.4 R SR 55 / US rt. 44

**CAUTION!** high speed traffic little or no shoulder – construction as of 10/11/09

begin gradual descent



**CAUTION! BELOW TURN ON DOWNHILL**

**PREPARE TO DOWNSHIFT TURN ONTO VERY STEEP GRADE**

24.2 R Tilson Ave HFH ▲ 17

*Twaalskill Inn B&B*

**CAUTION! STOP AT BOTTOM OF HILL**


24.6 L AT STOP SIGN AND CROSS US rt. 9W at TCL

RNCT Haviland Rd.

FOOD - Subway, Dunkin Donuts

**CAUTION! ON DOWNHILL**

25.1 L Walkway OTH park entrance

 follow Walkway 1.65 mi. (total) across Hudson River

26.8 east end - Parker Ave. C.O.P. Dutchess county