

# Local Bicycle Route through Poughkeepsie N.Y.

## KEY

SR = state route (hwy.)

CR = county route (hwy.)

BR9 = New York State Bicycle route # 9

TCL = Traffic Control Light



 = RIGHT TURN

 = LEFT TURN

 = SHARP DIAGONAL RIGHT TURN (on down hill)

▲ 8 = notable up-hill or climb - number indicates max percent of up grade

▼ 12 = notable down-hill or descent - number indicates max percent of down grade


From A.C. route to lodging, food and other services on U.S. route 9 south of the City of Poughkeepsie

## SB


at 1.2 **CROSS** Main St. at TCL

RNCT Union St.

A.C. route NORTH and FDR Mid Hudson Bridge walkway access to RIGHT  
***NORTHBOUND A.C. route would turn RIGHT onto Union St. from Main St.***

 Jefferson Blvd. Extension at BR9 sign  
**CROSS ARTERIAL AT TCL (2 way)**



 storm drains - must get in left lane for below turn

1.8  Montgomery Ave. BR9 sign



1.9  South Ave. local bicycle route



BR9 **SOUTH** continues up grade on Montgomery Ave. to Hooker Ave.

**CROSS** Franklin St. at TCL

past Rite Aide (NE US chain drug / convenience stores)

Busy Bee Café

**CROSS** Livingston Ave. at TCL



downhill left turn traffic merge

**LEFT / BEAR LEFT** at bottom of hill **do not go straight onto US rt. 9 SOUTH**

2.7 **CROSS** Academy

2.9  at ped X ing onto bike path / walkway ▲ 5





high speed traffic – sand / debris on path – entrance and exits - intersections

## Local Bicycle Route (cont.)



3.5 [Holiday Inn Express](#) 1-888-897-0088 – along path

 note: **no sidewalk / path** on southbound side between Sharon Dr. and Beechwood Ave.

S.B. Morse Historic Site at **TCL** (Beechwood Ave.)  on southbound side (begin sidewalk south to Spackenkill Plaza and IBM)

4.0 [Courtyard Marriot](#) -845-485-6336  on southbound side

4.2 [Econo Lodge](#) 845- 452-6600  on southbound side

at DOT mileage marker 1131

**TCL** - Poughkeepsie Plaza - **UPS shipping store**

begin ride past plazas and fast food restaurants


4.4 **US post office annex** – Post Road Plaza **FOOD - Stop & Shop** (N.E. chain supermarkets)

4.6 south end of Post Road Plaza **TCL**



**high speed traffic IBM and plaza entrance and exit**

**LEFT onto US rt. 9 SOUTH**

 to make **LEFT TURN** go just beyond intersection on path make U turn **using entrance** then to exit in **LANE 2 LEFT TURN**



**Entrance for Spackenkill Plaza and IBM – just south of above**

Follow lane to Marriott Residence Inn and back end of plaza – see **SERVICES** heading below

**To return continue through the plaza to NORTH end exit – use ped Xing at TCL then left onto sidewalk / path bicycle route**

### SERVICES

#### Spackenkill Plaza :

- [EMS](#) (Eastern Mountain Sports) 845-463-3207– camping gear and supplies – **can get small qty. of stove fuel** – some bicycle related items
- **Starbucks**
- **Quizono's** (toasted sandwiches)
- **Ruby Tuesday** (chain restaurant)
- [Marriott Residence Inn](#) 845-463-4343